What happens when I register with the MATR?
First, please know that registering with us is completely voluntary and you may withdraw from the MATR at any
time. If you decide not to join, or if you register now and want to withdraw at a future time, there will be no penalty
and you will not lose any benefits to which you are otherwise entitled.

During registration, we ask for contact, demographic, zygosity, and health-related information so we can let you know
about studies you might be eligible to take part in. When the MATR has a research project that you may qualify for,
we will contact you by mail, phone, email, or text with the details and invite you to participate. Participation usually
involves filling out a questionnaire, completing a telephone or in-person interview, or providing a sample.

If you are invited to participate in a research study, it is always your decision whether to take part and you do not have
to answer any question you feel uncomfortable answering.

Registration is simple, free, and only takes a few minutes to complete by continuing with this online registration form.
If you prefer, you may register by mail or phone by contacting us at matr@vcu.edu or 1-800-872-8946.

What will you do with my information and are there any risks?
The MATR takes your privacy and the security of your data very seriously. We will store your information on VCU’s
firewalled, encrypted servers and limit access to the data to qualified and trained employees and researchers.
Although we have rigorous measures to protect your information, please keep in mind, whenever you share
information about yourself there is always a risk of a loss of confidentiality and privacy. We do not release names or
any information to employers or insurance companies, and we do not provide researchers with approval to contact
you unless we have your permission first. The MATR may obtain information about you from different agencies,
such as birth records, census records, and national search databases. We may use this as well as information you
share with us to administer the registry and to create anonymized or de-identified datasets for research studies without
asking you for additional consent. Generally, we will not give you individual results from being part of the registry.
It is unlikely, but possible that authorized representatives from VCU or the Department of Health and Human
Services may need to view personal information about you for the purposes of managing, monitoring, and overseeing
research. Furthermore, the MATR has obtained a Certificate of Confidentiality from the National Institutes of Health
as an additional measure of privacy protection. Privacy protections are not extended to information that is legally
required to be reported (like child and/or elder abuse). In the future, if you decide you do not want to be a part of this
registry, you can request to be removed by contacting the MATR. However, de-identified data that has already been
shared with researchers will continue to be used. If you have any questions about the MATR or our research studies,
please contact us at matr@vcu.edu or 1-800-URA-TWIN. If you have questions concerning your rights as a research
participant, you may contact our University’s Office of Research Subject’s Protection at (804) 827-2157.

What are the benefits of participating in the MATR?
MATR participants receive our newsletters 2-3 times per year informing them about ongoing projects, study updates,
twin events, and other twin-related topics of interest. As a thank you for being part of the registry, MATR twins may
be entered into annual drawings for $25 VISA gift cards. While you are not likely to benefit directly from
participating in the registry, many people enjoy participating in MATR studies and appreciate the opportunity to
contribute to scientific, health-related research.